

Yogurt Popsicles Recipe

Ingredients:

1 cup of concentrated orange juice thawed
1 1/2 cups of plain or vanilla yogurt
1 teaspoon of honey
1/2 teaspoon of vanilla

Directions:

Mix ingredients in a blender or with a beater.
Pour into 8 popsicle molds.
Freeze.
Enjoy this yummy popsicle treat.

